

# SCP LENGTHS SWIMMING SCHEDULE

## July 22 - 28



|                             |  | MON 22   | TUES 23  | WED 24   | THURS 25  | FRI 26   | SAT 27   | SUN 28                |
|-----------------------------|--|--|--|--|---|--|--|-----------------------|
| <b>Special Notes</b>        |  |  |  |  |   |  | <b>Swim Meet Saturday and Sunday<br/>Busy Parking Lot and Competition Pool</b> |                       |
| <b>Pool Hours</b>           |  | 5:30am-10pm  | 5:30am-10pm  | 5:30am-10pm  | 5:30am-10pm   | 5:30am-10pm  | 6am-4pm  | 8am-4pm               |
| <b>Competition Pool</b>     | <b>25 M Short Course</b>                               | 9:15am-5:30pm<br>7pm-7:45pm**<br>7:45pm-10pm         |  | 9:15am-6pm<br>6pm-7:30pm*<br>7:30pm-8:30pm**<br>8:30pm-10pm      |   | 9:15am-10:30am**<br>10:30am-6pm<br>7:30pm-10pm                       | 6am-4pm  | 8am-4pm               |
|                             | <b>50 M Long Course</b>                                | 5:30am-9am   | 7:30am-9am**<br>9am-12pm<br>12pm-1pm**<br>1pm-4pm<br>4pm-5:15pm**<br>5:15pm-6pm<br>7:30pm-8:45pm*<br>8:45pm-10pm | 5:30am-6:30am<br>6:30am-7:30am**<br>7:30am-8:30am*<br>8:30am-9am | 5:30am-8am**<br>8am-9am*<br>9am-12pm<br>12pm-1pm**<br>1pm-5:30pm<br>5:30pm-6pm**<br>7:30pm-8:45pm*<br>8:45pm-10pm | 5:30am-6:30am<br>6:30am-7:30am*<br>7:30am-9am**                      |  |                       |
| <b>Teach Pool</b>           | <b>Lengths</b>   | 5:30am-7:55am<br>4pm-7pm*<br>9pm-10pm**              | 5:30am-7:55am<br>12pm-1pm*<br>4pm-7:45pm*<br>7:45pm-10pm**   | 5:30am-7:55am<br>4pm-7pm**<br>9pm-10pm**                         | 5:30am-7:45am<br>12pm-1pm*<br>4pm-7:45pm*<br>7:45pm-10pm**  | 5:30am-7:45am<br>9pm-10pm**  | 6am-1pm  | 8am-12pm*<br>12pm-1pm |
| <b>Dive Tank</b>            | <b>Lengths</b>   | 5:30am-8am<br>8am-9am*<br>9am-10:10am**<br>4pm-7pm** | 5:30am-7:55am<br>9am-9:55am*<br>11am-12pm<br>12pm-12:45pm**<br>4pm-7pm**<br>8:30pm-10pm**                        | 5:30am-7:55am<br>9am-9:55am**<br>11am-12:45pm*<br>4pm-7pm*       | 5:30am-7:45am<br>9am-11:30am*<br>4pm-6:15pm**<br>6:15pm-7pm<br>8:30pm-10pm**                                      | 5:30am-8:30am<br>8:30am-10:10am**<br>11:10am-12:45pm**<br>4pm-10pm** | 6am-10:45am<br>10:45am-12:45pm**   | 8am-12:45pm           |
|                             | <b>Water Walking</b><br>Self-directed<br>No instructor | 5:30am-11:15am*                                      | 5:30am-12pm*   | 5:30am-11:15am*  | 5:30am-11:15am*   | 5:30am-12pm*   | 8am-10:45am*   | 8am-12:45pm*          |
| <b>No Lengths Available</b> |  |  |  |  |   |  |  |                       |

\*=Reduced Lanes (1 or 2) \*\*=3 or 4 Lanes Available

All times subject to change at short notice. Please call 250-475-7600 if you have any questions or go to [saanich.ca/swim](http://saanich.ca/swim)